



## Elementary Breakfast Meal

### Four Components

1. Bread 2. Protein 3. Fruit 4. Milk

You may take one entree and up to two fruits and one milk.

You may only take 1 fruit juice as one of the fruit choices. You must have at least one fruit or fruit juice to qualify as a meal.

**If you do not have a fruit or vegetable, it is not a meal and you will be charged ala carte prices.**

### Choose One Entrée

(Bread), (Protein)

1-Mini Bagel  
(2 breads)



1-(3.1z) Muffin  
(2 breads)



1-(2oz) Cereal  
(2 breads)



1-8oz Yogurt  
(2 protein)



### Choose Two Fruits

(1) Fruit

+

(1) 4oz 100% Fruit Juice



### Choose one Milk

(Milk 8oz.)

